All persons in charge of excavation and/or trenching operations shall observe the following requirements and recognized good practice for safety in their areas.

1. Safety hats shall be worn by all workers in areas where there is potential danger of being struck by objects or of material falling on the workers.

2. Where pedestrian or vehicular traffic is to be near excavations or trenches, proper safeguard shall be provided, such as walkways, bridges, guardrails, barricades, warning flags, lights or illumination. In no case shall open holes be left overnight without proper warning lights.

3. When excavations are made in the vicinity of underground installations of pipes or other utilities, their locations shall be determined, marked, manually dug out, and properly supported and protected.

4. The sides of excavations of four (4) feet or more in depth shall be supported against cave-in or shall be sloped to the angle of repose.

5. Ladders for use entering or exiting excavations and trenches over five (5) feet in depth shall be provided and shall extend to at least three (3) feet above the ground level.

6. Excavated or other material shall not be stored nearer than two (2) feet from the edge of the excavation or trench and shall be so stored and retained in a manner that will prevent it from falling or sliding into the excavation or trench.